



<p align="center">Middle School Lunch Cost is \$ 4.00</p>	<p align="center">Washington Township Middle Schools Bunker Hill, Chestnut Ridge & Orchard Valley</p>			<p align="center">Mrs. Shawn Rembelinsky Food Service Manager 856-582-4010 E-mail Address: ↓ srembelinsky@wtps.org</p>
<p><u>Breakfast is served daily</u></p>	<p align="center">NOVEMBER 2014</p>			<p align="center">13 Serving Days in November</p>
	<p>1 Serving of Protein Meat or Meat Alternate</p> <p>1 Serving of Grain Whole Grain Breads, Rolls, Crackers, Taco Shells, Breaded Entrée</p> <p>1 Serving of Vegetable = From 1/2 Cup to 1 Cup Fresh, Cooked or Cupped</p> <p>1 Serving of Fruit = From 1/2 Cup to 1 Cup Fresh, Cupped, Dried or 100% Juice</p> <p>1 Serving of Dairy 8 oz of Milk Choice - Fat Free, Skim or Lactaid</p>	<p>Lunch Selections Available Daily</p> <p>Please Choose 1 Entrée, Vegetables and Fruits along with your Milk Choice</p> <p>Due to New Regulations a student must have a Fruit or Vegetable on their tray</p> <p>Five Components are offered Three Components must be chosen to qualify as a meal.</p>	<p>Abbreviation Keys</p> <p><i>WG - Whole Grain</i> <i>GF - Pepperidge Farm</i> <i>Whole Grain Goldfish Bread</i> <i>L&T - Lettuce & Tomato Cup</i> <i>Assorted WG Breads..... and Rolls</i></p>	<p>Make checks payable to WTPS - Food Service</p> <p>Please include actual funds for snacks if allowing to purchase.</p> <p>Nutritional Information and Recipes are available upon request.</p>
<p align="center">Monday</p> <p>WASHINGTON TOWNSHIP SCHOOLS SERVE BREAKFAST EVERY MORNING. PLEASE ENCOURAGE YOUR CHILDREN TO TRY OUR BREAKFAST MEALS TO START THEIR DAY IN A HEALTHY WAY</p> <p>Washington Township Schools Food Service Department is Available to Cater for all occasions</p>	<p align="center">Tuesday</p> <p>AVAILABLE DAILY..... <i>Chicken Patty (Regular or Spicy)</i> <i>on a Whole Grain Roll</i> <i>Pizza Selections</i> <i>Cheese Burgers on a WG Bun</i> <i>Italian or Turkey Hoagie</i> <i>Student Salads with Protein Cup</i></p> <p align="center">THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p>	<p align="center">Wednesday</p> <p>PayForIt.net <i>Will give you access to your</i> <i>child's transactions with or without</i> <i>Internet Payment</i> Your PIN is your student id.</p> <p>Go To WTPS.org and click on students link, then Lunches & Snack Link Then PayForIt.net</p>	<p align="center">Thursday</p> 	<p align="center">Friday</p> <p>Parents - Please check to see your child's School Meal Account has a POSITIVE BALANCE</p> <p>Should you need assistance with your balance please contact us immediately</p>
<p align="center">3</p>	<p align="center">4</p>	<p align="center">5</p>	<p align="center">6</p>	<p align="center">4</p>
<p align="center">Cheese Steak on a Torpedo Roll Lettuce & Tomato Sautéed Peppers & Onions Carrot Sticks w/Dip Mixed Fruit Cup Assorted Fresh Fruits Milk Choice</p>	<p align="center">School Closed Election Day</p>	<p align="center">Staff In-Service School Closed</p>	<p align="center">NJEA CONVENTION SCHOOL CLOSED</p>	<p align="center">NJEA CONVENTION SCHOOL CLOSED</p>
<p align="center">10</p>	<p align="center">11</p>	<p align="center">12</p>	<p align="center">13</p>	<p align="center">14</p>
<p align="center">Popcorn Chicken With WG Garlic Bread & Butter Oven Baked French Fries Seasoned Carrots Chilled Peach Cup & Asst. Fresh Fruits Milk Choice</p>	<p align="center">NO SCHOOL VETERANS DAY</p>	<p align="center">Grilled Cheese with Campbell's Tomato Soup Steamed Spinach Assorted Fresh Fruits Milk Choice</p>	<p align="center">Turkey Tacos with Cheddar Cheese Sauce Tortilla Chips, Salsa Shredded Lettuce, Seasoned Corn Brown Rice Chilled Pineapple Cup Assorted Fresh Fruits Milk Choice</p>	<p align="center">Rich's Whole Grain Crunchers Pizza Crunchers or Buffalo Crunchers Romaine Salad w/Lo-Fat Dressing Assorted Fresh Fruits Assorted Chilled Fruit Cups Milk Choice</p>
<p align="center">17</p>	<p align="center">18</p>	<p align="center">19</p>	<p align="center">20</p>	<p align="center">21</p>
<p align="center">HAPPY 25TH ANNIVERSARY OVMS & CRMS Celebration - Strawberry Short Cake Yellow Cake w/ topping...for allergies Armour All Beef Hot Dog with Nachos & Cheese Sauce Romaine Salad w/Lo-Fat Dressing Orange Smiles Milk Choice</p>	<p align="center">Chicken Patty Melt on a Kaiser Mozzarella Cheese & Tomato Sauce Baby Carrots Green Bean Salad w/Chic Peas Chilled Mixed Fruit Cup Milk Choice</p>	<p align="center">Whole Grain Pasta & Meat Balls Rich's Rip Stick w/ Garlic Peas & Carrots Assorted Fresh Fruits Milk Choice</p>	<p align="center">Chicken Fajitas on a Soft Tortilla Peppers, Onion, Salsa L&T Cup Corn & Sour Cream Chilled Pineapple Cup Assorted Fresh Fruits Milk Choice</p>	<p align="center">Big Daddy Pizza Slice Romaine Salad w/ Lo-Fat Dressing Carrot Sticks w/Ranch dip Chilled Mixed Fruit Cup Assorted Fresh Fruits Milk Choice</p>
<p align="center">24</p>	<p align="center">25</p>	<p align="center">26 Early Dismissal (Grs 1-12)</p>	<p align="center">27</p>	<p align="center">28</p>
<p align="center">Cajuan Chicken Wrap Oven Baked Potatoes Steamed Spinach Fresh Assorted Fruits Milk Choice</p>	<p align="center">Oven Grinder Turkey Ham & Cheese On a Bun or Roll Potato Wedges Chilled Pear Cup Milk Choice</p>	<p align="center">French Toast Sticks w/Syrup Turkey Sausage Links Red Skin Potatoes 100% Assorted Fruit Juice Assorted Fresh Fruits Milk Choice</p>	<p align="center">SCHOOL CLOSED Thanksgiving Day</p>	<p align="center">SCHOOL CLOSED Thanksgiving Break</p>