

WASHINGTON TOWNSHIP MIDDLE SCHOOL LUNCH MENU
Bunker Hill, Chestnut Ridge, and Orchard Valley **OCTOBER 2009**

Menu Subject to Change Middle School Lunch is \$3.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>We use whole grains and we do not fry! Our hot dog is reduced fat. Milk choices are low-fat and include skim, low-fat white, low-fat chocolate, low-fat strawberry, and Lactaid.</i></p>	<p><i>Alternate Menu Choices Include Pizza, Steak Sandwiches, Hamburgers or Cheeseburgers, Chicken Patty Sandwiches, Fresh Hoagies, Fresh Salads, or Smuckers' Uncrustable PB&J. Try our peanut-free protein spread-Sunbutter!</i></p>	<p><i>Your PIN is your Student Identification Number. Use PayForIt.net to put money on account with a credit card. You may also check the balance in the account, deposit money automatically, or check what he/she eats.</i></p>	<p align="center">1 Cajun Chicken Wrap Fluffy Rice Chilled Pineapple Milk</p> 	<p align="center">2 Big Daddy Pizza Tossed Salad w/ Dressings Polish Water Ice Milk</p>
<p align="center">5 Cheese-stuffed Shells w/ Meatballs and Garlic Bread Tossed Salad w/ Dressings Fresh Fruit Milk</p>	<p align="center">6 Grilled Cheese Sandwiches Hearty Tomato Soup Potato Smiles Chilled Pears Milk</p>	<p align="center">7 Chicken Nuggets w/ Dipping Sauce Soft Roll Seasoned Potato Wedges Golden Corn Chilled Peach Cup Superstar Cookie Milk</p>	<p align="center">8 Turkey Burger on Soft Bun w/ Fixings Potato Puffs Seasoned Veggies Fresh Fruit Milk</p>	<p align="center">9 Big Daddy Pizza Super Chicken Noodle Soup Tossed Salad w/ Dressings Chilled Applesauce Milk</p>
<p align="center">12 Columbus Day Holiday</p> 	<p align="center">13 Chicken Quesadillas Mexicali Corn Fresh Apples Milk National School Lunch Week</p>	<p align="center">14 Salisbury Steak Fluffy Brown Rice Vegetable Medley Orange Smiles Soft Breadstick Milk</p>	<p align="center">15 Chicken Parmesan on Roll w/ Side of Pasta Seasoned Green Beans Chilled Fruit Cup Milk</p>	<p align="center">16 Big Daddy's Pizza Celery & Carrot Sticks w/ Ranch Dip Spice Muffin Fresh Fruit Milk</p>
<p align="center">19 Chicken Cheesesteak on Roll w/ Fixings Seasoned Potato Wedges Fresh Fruit Milk</p>	<p align="center">20 Dominos' Pizza Day! Have a Slice of Dominos' Pizza Tossed Salad w/ dressings Whole Fruit Juice Bar Milk</p>	<p align="center">21 Hot Ham and Cheese on Pretzel Bun Buttery Corn Chilled Peaches Milk</p>	<p align="center">22 Crispy Oven-baked Chicken Rice Pilaf Seasoned Peas Chilled Pears Milk</p>	<p align="center">23 Big Daddy's Pizza Tossed Salad w/ Dressings Chilled Applesauce Milk</p>
<p align="center">26 Cheesesteak on Roll w/ Fixings Potato Puffs Fresh Fruit Milk</p>	<p align="center">27 BBQ Pork Sandwich on Roll Cole Slaw Oven-baked French Fries Polish Water Ice Power Bar Milk</p>	<p align="center">28 Chicken Caesar Wrap Sweet Potato Fries Seasoned Carrots Chilled Peach Cup Milk</p>	<p align="center">29 Your Choice of Hard or Soft Tacos w/ Meat, Cheese, Lettuce, Tomato, Salsa Golden Corn Fluffy Rice Chilled Pineapple, Milk</p>	<p align="center">30 Big Daddy Pizza Tossed Salad w/ Dressings Jack O' Lantern Frozen Fruit Cup Halloween Soft Pretzel Milk</p>

"We Serve Food for Thought" Call us at 582-4010 for Baked Goods and Catering
 THANKS FOR YOUR SUPPORT