



# Washington Township High School



## Minutemaids Outdoor School Records

### TRACK EVENTS

EVENT	ATHLETE	YEAR	TIME
100m	LaToya Benson	2002	11.6
200m	Dahlia Beasley	2024	24.41
400m	Dahlia Beasley	2023	55.55
800m	Michelle Rowan	1983	2:09.0(h)
1600m	Michelle Rowan	1983	4:43.10
3200m	Michelle Rowan	1983	10:12.80
100HH	Lexie Fraction	2014	14.30
400IH	Medea Ashton	1999	1:00.9

### FIELD EVENTS

EVENT	ATHLETE	YEAR	MARK
Long Jump	LaToya Benson	2002	18'6"
Triple Jump	Riley Gramble	2023	36'2.75"
High Jump	Misty Farrell	1995	5'8"
Pole Vault	Gabby Vetere	2022	11'6"
Shot Put	Tracy Ojeniyi	1998	38'6.5"
Discus	Gina DiBenedetto	1990	123'6"
Javelin	Isabelle Deal	2019	129'1"
*Old Javelin	Darcy Vilord	1985	131'11"

### RELAYS

EVENT	ATHLETES	YEAR	TIME
4x100	L.Benson, L.Rice, A.Radzminski, B. Marshall	2001	48.12
4x200	L.Benson, A.Brooks, E.McIntyre, M Ashton	1999	1:41.10
4x400	M.Ashton, K. Connor, A.Brooks, E.McInyre	1999	3:48.80
4x800	L.Kane,L.Taylor,B.Liberto,D.Iacone	2012	9:27.09
4x1600m	S.McCarthy, M.Robertson, L.Lacovara, S.Strucko	2009	21:51.5
Sprint Med.	M.Martin, L.Wilcox, J.Dim, K.Krauss	2007	4:08.27
Super Sprint Med.	M.Fasolino, J.Dim, V.Dim, S.Smith	2006	1:49.40
Distance Med.	L.Kane, L.Taylor, B.Liberto, D.Iacone,	2011	12:29.72
Shuttle Hurdles	A.March, K.Moore, S.Smith,M.Martin	2006	1:04.7
*3x400mH	J.Dim,L. Wilcox, M. Martin	2008	3:19.2

*\*These events are either not competed anymore, or are considered non-tradtional*