

Tuesday	Wednesday	Thursday	Friday
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat
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Chicken Fajitas with Peppers & Onions Carbs: 45 * Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat
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Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat
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Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat
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Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	Jake's Pizza * Milk, Soybeans, Wheat
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SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat
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Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat	Meatball Sub MS/HS Carbs: 50 * Soybeans, Wheat	Cheeseburger Carbs: 30 * Soybeans, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat
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Cheeseburger Carbs: 30 * Soybeans, Wheat	Cheeseburger Carbs: 30 * Soybeans, Wheat	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat	Cheeseburger Carbs: 30 * Soybeans, Wheat
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Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat	Chicken and Waffles MS Carbs: 27 * Milk, Soybeans, Eggs, Wheat	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat
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Tacos Carbs: 10	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat
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Tuesday	Wednesday	Thursday	Friday
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Tacos Carbs: 28 * Soybeans	Chicken Patty Carbs: 39 * Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat
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Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	--- Sides ---	--- Sides ---	--- Sides ---
---	CRAISINS CHERRY FLAVORED POUCH Carbs: 28	Cucumber Slices Carbs: 1	Apple Pie Fruit Salad Carbs: 19
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Chicken Patty Carbs: 39 * Soybeans, Wheat	Tossed Salad Carbs: 6	Stewed Tomatoes Carbs: 8	Assorted Canned Fruit
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--- Sides ---	Assorted Canned Fruit	Assorted Canned Fruit	Carrots & Celery Carbs: 7 * Milk, Eggs
RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32	---	Assorted Fresh Fruit	Carrots, Raw
---	Candied Carrots Carbs: 18 * Soybeans	---	---
Assorted Canned Fruit	---	APPLESAUCE, PEACH UNSWEETENED SS PLASTIC CUP Carbs: 14	Assorted Fresh Fruit
---	Assorted Fresh Fruit	---	---
Assorted Fresh Fruit	---	Del Monte® Sliced Peaches In Extra Light Syrup, Canned Fruit Carbs: 15	Romaine Boats Carbs: 10 * Soybeans, Wheat
---	Pears, Diced, Extra Light Syrup, Canned TWP Carbs: 16	---	---
Black Bean and Corn Salad Carbs: 28	---	--- Milk ---	--- Milk ---
---	Roasted Chickpeas ES/MS Carbs: 24	Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34
CORN, KERNEL YELLOW FROZEN Carbs: 32	---	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
---	---	Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk
		Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
		Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk
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Tuesday

Wednesday

--- Milk ---

Milk, Strawberry, Fat Free
Carbs: 34

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D
Carbs: 34
* Milk

Milk, Lactose and Fat Free
* Milk

Milk, Non-fat, With Added
Vitamin A and Vitamin D
Carbs: 12
* Milk

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D
Carbs: 12
* Milk

--- Milk ---

Milk, Strawberry, Fat Free
Carbs: 34

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D
Carbs: 34
* Milk

Milk, Lactose and Fat Free
* Milk

Milk, Non-fat, With Added
Vitamin A and Vitamin D
Carbs: 12
* Milk

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D
Carbs: 12
* Milk

Monday	Tuesday	Wednesday	Thursday	Friday
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat
---	---	---	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat
Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	Nachos Bell Grande (w/ beef crumbles) Carbs: 7 * Soybeans, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	---	---
---	---	---	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	FARM RICH BREADED PIZZA CHEESE CRUNCHERS TWP Carbs: 41 * Milk, Wheat
Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	---
---	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	---	---	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat
Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat
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Cheesy Penne Pasta Marinara MS/HS Carbs: 69	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	---
---	---	---	---	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat
SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat
---	---	---	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat	---
Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat	Cheeseburger Carbs: 30 * Soybeans, Wheat	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat
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Cheeseburger Carbs: 30 * Soybeans, Wheat	Cheeseburger Carbs: 30 * Soybeans, Wheat	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat	Hot Ham and Cheese on a Pretzel Bun (ES/MS) Carbs: 38 * Milk, Soybeans, Wheat	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat
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Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat	Buffalo Chicken Cheese Steak Carbs: 41 * Milk, Soybeans, Eggs, Wheat	---	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat
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Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	---	---	---
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Monday	Tuesday	Wednesday	Thursday	Friday
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Chicken Patty Carbs: 39 * Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat
--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---
Garlic Bread Carbs: 15 * Soybeans, Wheat	PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22	Chicken Patty Carbs: 39 * Soybeans, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat
ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23	Bell Pepper Strips w/ Dip Carbs: 3 * Milk, Eggs	Cranapple Spinach Salad ES/MS Carbs: 31 * Wheat	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat
Italian Green Beans ES/MS Carbs: 1	Assorted Canned Fruit	Spinach, Leaves, Fresh	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat
Assorted Canned Fruit	Assorted Fresh Fruit	Del Monte® Sliced Peaches In Extra Light Syrup, Canned Fruit Carbs: 15	Cheeseburger Carbs: 30 * Soybeans, Wheat	Cheeseburger Carbs: 30 * Soybeans, Wheat
Assorted Fresh Fruit	CORN, KERNEL YELLOW FROZEN Carbs: 32	Roasted Chickpeas ES/MS Carbs: 24	Cheeseburger Carbs: 30 * Soybeans, Wheat	Cheeseburger Carbs: 30 * Soybeans, Wheat
Tossed Salad Carbs: 6	--- Milk ---	Assorted Canned Fruit	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat
--- Milk ---	Milk, Strawberry, Fat Free Carbs: 34	Assorted Fresh Fruit	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat
Milk, Strawberry, Fat Free Carbs: 34	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	--- Milk ---	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Lactose and Fat Free * Milk	Milk, Strawberry, Fat Free Carbs: 34	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat
Milk, Lactose and Fat Free * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Chicken Patty Carbs: 39 * Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Lactose and Fat Free * Milk	Chicken Patty Carbs: 39 * Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk		Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk		
		Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk		

Thursday	Friday
<p>--- Sides ---</p> <p>SWEET POTATO FRIES 7/16" CRINKLE-CUT XLONG FZN TWP Carbs: 23</p> <p>---</p> <p>Mixed Berries</p> <p>---</p> <p>Assorted Canned Fruit</p> <p>---</p> <p>Cucumber and Tomato Salad ES/MS Carbs: 6</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>Assorted Fresh Fruit</p> <p>---</p>	<p>--- Sides ---</p> <p>Carrots & Celery Carbs: 7 * Milk, Eggs Carrots, Raw</p> <p>---</p> <p>Sidekicks Frozen BlueRaspberry-Lemon Carbs: 23</p> <p>---</p> <p>Tossed Salad Carbs: 6</p> <p>---</p> <p>Assorted Canned Fruit</p> <p>---</p> <p>Assorted Fresh Fruit</p> <p>Assorted Fresh Fruit</p> <p>---</p>

Thursday	Friday
--- Milk ---	--- Milk ---
Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34
Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk
Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk
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Monday	Tuesday	Wednesday	Thursday
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat
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Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat
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Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat
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Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat
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SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	Tacos Carbs: 28 * Soybeans	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat
---	Tacos Carbs: 10	---	---
Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat	---	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat
---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	---	---
Cheeseburger Carbs: 30 * Soybeans, Wheat	---	Cheeseburger Carbs: 30 * Soybeans, Wheat	Pancakes, Whole Grain or Whole Grain-Rich Carbs: 26 * Milk, Soybeans, Eggs, Wheat
---	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat	---	---
Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat	---	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat	Cheeseburger Carbs: 30 * Soybeans, Wheat
---	Cheeseburger Carbs: 30 * Soybeans, Wheat	---	---
Grilled Cheese Carbs: 64 * Milk, Soybeans, Wheat	---	Bacon Cheeseburger Carbs: 30 * Soybeans, Wheat	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat
---	Chicken Fajitas with Peppers & Onions Carbs: 45 * Wheat	---	---
Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	---	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	---
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Monday	Tuesday	Wednesday	Thursday
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Chicken Patty Carbs: 39 * Soybeans, Wheat	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Grilled Cheese Carbs: 64 * Milk, Soybeans, Wheat
--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---
Pepperidge Farm Goldfish Baked Cheddar Crackers WG TWP Carbs: 14 * Milk, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Celery, Raw, Sticks Carbs: 1	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat
Campbell's Classic Condensed Tomato Soup TWP Carbs: 20 * Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Assorted Canned Fruit	Chicken Patty Carbs: 39 * Soybeans, Wheat
--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---
APPLESAUCE, RASPBERRY BLUE SS PLASTIC CUP Carbs: 14	Black Bean and Corn Salad Carbs: 28	Romaine Boats Carbs: 10 * Soybeans, Wheat	McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) Carbs: 13
Assorted Canned Fruit	Mexicali Corn TWP Carbs: 30 * Wheat	Assorted Fresh Fruit	Pepperidge Farm Goldfish Baked Cheddar Crackers WG TWP Carbs: 14 * Milk, Wheat
Roasted Chickpeas ES/MS Carbs: 24	Assorted Canned Fruit	Baked Bean Supreme Carbs: 35	Roasted Chickpeas ES/MS Carbs: 24
Assorted Fresh Fruit	Celery, Raw, Sticks Carbs: 2	Cranberries, Dried Carbs: 25	SAUSAGE, TURKEY PATTY 1.17 OZ 2.5" SEASONED CKD FZN TWP Carbs: 2
	Assorted Fresh Fruit	--- Milk ---	Campbell's Classic Condensed Tomato Soup TWP Carbs: 20 * Wheat
	RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32	Milk, Strawberry, Fat Free Carbs: 34	APPLESAUCE, RASPBERRY BLUE SS PLASTIC CUP Carbs: 14
		Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Assorted Canned Fruit
		Milk, Lactose and Fat Free * Milk	
		Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	
		Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	

Monday**--- Milk ---**

Milk, Strawberry, Fat Free
Carbs: 34

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D
Carbs: 34
* Milk

Milk, Lactose and Fat Free
* Milk

Milk, Non-fat, With Added
Vitamin A and Vitamin D
Carbs: 12
* Milk

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D
Carbs: 12
* Milk

Tuesday**--- Milk ---**

Milk, Strawberry, Fat Free
Carbs: 34

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D
Carbs: 34
* Milk

Milk, Lactose and Fat Free
* Milk

Milk, Non-fat, With Added
Vitamin A and Vitamin D
Carbs: 12
* Milk

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D
Carbs: 12
* Milk

Thursday**--- Sides ---**

COOKIE, SUGAR WHOLE-
GRAIN-RICH 1 OZ
FROZEN
Carbs: 18

* Milk, Soybeans, Eggs,
Wheat

Assorted Fresh Fruit

--- Milk ---

Milk, Strawberry, Fat Free
Carbs: 34

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D
Carbs: 34
* Milk

Milk, Lactose and Fat Free
* Milk

Milk, Non-fat, With Added
Vitamin A and Vitamin D
Carbs: 12
* Milk

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D
Carbs: 12
* Milk

Monday	Tuesday	Wednesday
--- Entrees ---	--- Entrees ---	-- Snack Items --
Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat	Biscuit, Baked Easy Split WG 2oz MS/HS TWP Carbs: 22 * Milk, Wheat
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Egg and Cheese Croissant Sandwich Carbs: 31 * Milk, Soybeans, Eggs, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	--- --- Entrees ---
---	---	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat
Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	--- CHICKEN, 8 PIECE 80 COUNT BONE-IN SKIN-ON COOKED OVEN ROASTE * Milk, Soybeans
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Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat
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Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	Buffalo Chicken Cheese Steak Carbs: 50 * Milk, Soybeans, Eggs, Wheat
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SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat
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Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat	Cheeseburger Carbs: 30 * Soybeans, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat
---	---	---
Cheeseburger Carbs: 30 * Soybeans, Wheat	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat	Turkey Hoagie MS/HS Carbs: 45 * Milk, Soybeans, Wheat
---	---	---
Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat	Nachos Bell Grande (w/ beef crumbles) Carbs: 7 * Soybeans, Wheat	Cheeseburger Carbs: 30 * Soybeans, Wheat
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	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	

Monday	Tuesday	Wednesday
--- Entrees ---	--- Entrees ---	--- Entrees ---
Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat ---	Chicken Patty Carbs: 39 * Soybeans, Wheat ---	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat ---
Chicken Patty Carbs: 39 * Soybeans, Wheat ---	--- Sides ---	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat ---
--- Sides ---	Assorted Canned Fruit ---	Chicken Patty Carbs: 39 * Soybeans, Wheat ---
McCain® Chopped Seasoned RedSkin-on Roasted (ES/MS) Carbs: 13 ---	PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22 ---	--- Sides ---
Baked Apples Carbs: 19 * Soybeans	Bell Pepper Strips w/ Dip Carbs: 3 * Milk, Eggs ---	Strawberries, Frozen w/Sugar Carbs: 38 ---
Apple Slice, Unsweetened, Canned ---	Assorted Fresh Fruit ---	Assorted Canned Fruit ---
Assorted Canned Fruit ---	Mexicali Corn TWP Carbs: 30 * Wheat ---	Roasted Broccoli Carbs: 7 ---
Assorted Fresh Fruit ---	Roasted Chickpeas ES/MS Carbs: 24 ---	Assorted Fresh Fruit ---
Apple Juice 100% Carbs: 15 ---	--- Milk ---	Mashed, Loaded Potatoes, Idahoan RED SOD Carbs: 76 * Milk, Soybeans ---
Cherry Tomato Cup Carbs: 3 ---	Milk, Strawberry, Fat Free Carbs: 34	
	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	
	Milk, Lactose and Fat Free * Milk	
	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	
	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	

Monday

--- Milk ---

Milk, Strawberry, Fat Free
Carbs: 34

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D
Carbs: 34
* Milk

Milk, Lactose and Fat Free
* Milk

Milk, Non-fat, With Added
Vitamin A and Vitamin D
Carbs: 12
* Milk

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D
Carbs: 12
* Milk

Wednesday

--- Milk ---

Milk, Strawberry, Fat Free
Carbs: 34

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D
Carbs: 34
* Milk

Milk, Lactose and Fat Free
* Milk

Milk, Non-fat, With Added
Vitamin A and Vitamin D
Carbs: 12
* Milk

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D
Carbs: 12
* Milk
