

## High School Lunch Menu March 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	More Info
		H Beef Stir Fry Bowl Stir Fry Veggies Fluffy Brown Rice Carrots & Cucumbers Mandarin Oranges Asst Fresh Fruit	Hot Turkey Sandwich w/ Gravy Mashed Sweet Potatoes Seasoned Green Beans Cherry Tomato Cup Chilled Sliced Peaches Asst Fresh Fruit	Pizza Party! Tuna Salad Croissant Romaine Boats Carrots Sticks & Dip Chilled Diced Pears Asst Fresh Fruit	Offered Daily: SANDWICHES AND HOAGIES Turkey Hoagies Italian Hoagies Other Assorted Sandwiches/ Hoagies
6	7	8 BREAKFAST for LUNCH	9	10	Chicken Patty and/or
Grilled Cheese Sandwich Tomato Soup Carrots & Celery Sticks Coldfish Pretzels Chilled Peaches Asst Fresh Fruit	TWP Chicken Sandwich (Honey Sriracha Nuggets w/ L&T, Special Sauce) Romaine Boats Roasted Potatoes Cucumbers & Carrots Chilled Pineapple Asst Fresh Fruit	Egg, Cheese & Sausage Croissant Sandwich Hash Brown Rounds Baked Apples Orange Juice Asst Fresh Fruit National School Breakfast Day!	Chicken Fajitas (2) w/ Peppers & Onions Fluffy Brown Rice Black Bean Salad Bell Peppers & Dip Chilled Pears Asst Fresh Fruit	Stuffed Crust Pizza Tuna Salad Croissant Spinach Salad Cherry Tomato Cups Mandarin Oranges Applesauce Cups Asst Fresh Fruit	Cheescburger Peanut Butter & Jelly When Available SALADS & WRAPS Chicken Caesar
Mozzarella Sticks (5) w/ Marinara Sauce Tomato Soup Italian Green Beans Cucumber & Tomato Salad Chilled Pineapple Asst Fresh Fruit	"TOT-CHO" TUESDAY Hot & Honey Beef & Queso Blanco Cheese Sauce Loaded Tater Tot Nachos w/ Peppers & Onions, Lettuce & Tomato Sour Cream & Salsa Carrots & Celery Sticks Chilled Sliced Peaches Asst Fresh Fruit	15  Oven Baked Chicken w/ Bread Stick Mashed Potatoes Candied Carrots Chilled Cucumbers Chilled Pears Asst Fresh Fruit	General TSO's Chicken Steamed Edamame Fluffy Brown Rice Pepper Strips & Dip Chilled Broccoli Mandarin Oranges Asst Fresh Fruit	Happy St. Patty's Day!  Pizza Party! Tuna Salad Croissant Romaine Boats Cucumber Slices Apricot Cups Green Jell-O w/ Whipped Cream Asst Fresh Fruit	Salad Other Assorted Salads Chicken Caesar Wrap Buffalo Chicken Wrap Other Assorted Wraps
20	21	22	23	24	Assorted Milks
BREAKFAST for LUNCH  Breakfast Bagel  w/ Egg & Cheese  Hash Browns  Baked Apples  Apricot Cups  Orange Juice  Asst Fresh Fruit	Mrs. Budd's Chicken Sandwich Buttery Green Beans Roasted Potatoes Carrots & Cucumbers Chilled Strawberries Asst Fresh Fruit	Hot Ham & Cheese on Pretzel Roll Romaine Boats Sweet Potato Fries Carrots & Cucumbers Chilled Peaches Asst Fresh Fruit	Beef Stir Fry Bowl Stir Fry Voggies Fluffy Brown Rice Chilled Broccoli Mandarin Oranges Asst Fresh Fruit	Stuffed Crust Pizza Tuna Salad Croissant Spinach Salad Carrot Sticks & Dip Applesauce Cups Asst Fresh Fruit  ED	1% White/Skim Fat Free Chocolate Fat Free Strawberry Teacher's Lunches: \$5.00/\$5.50
27	28 TACO TUESDAY	29	30	31	
Penne Alfredo w/ Garlic Bread Roasted Broccoli Cucumber & Tomato Salad Chilled Pears Asst Fresh Fruit	Nachos Bell Grande w/ Sour Cream & Salsa, Lettuce & Tomato Jalapeno Refried Beans Cherry Tomato Cups Chilled Pineapple Asst Fresh Fruit	Oven Baked Chicken w/ Breadstick Mashed Potatoes Candied Carrots Seasoned Green Beans Chilled Sliced Peaches Asst Fresh Fruit	Grilled Buffalo Chicken Cheesesteak Sweet Potato Fries Romain Boats Cucumbers & Carrots Chilled Strawberries Asst Fresh Fruit	Pizza Party! Tuna Salad Croissant Romaine Boats Bell Peppers & Dip Mandarin Oranges Asst Fresh Fruit	Menus are subject to change without notice.

Washington Township Lunch Menu Meal Applications Now Available Online! www.Payschoolscentral.com