

Monday	Tuesday	Wednesday	Thursday	Friday
-- Snack Items --	-- Snack Items --	-- Snack Items --	-- Snack Items --	-- Snack Items --
CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	Graham Crackers Carbs: 22 * Wheat ---	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat ---	Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat ---	Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat ---	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat ---
Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat ---	Early Riser, Hash Brown Patty Stuffed Breaded w/Egg Cheese F Carbs: 24 * Milk, Eggs, Wheat ---	Pillsbury(TM) Frozen Mini Bagels Cinnamon Creamy Cheese 2.43 Carbs: 42 * Milk, Wheat ---	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	Pancake & Turkey Sausage Breakfast Stick Carbs: 16 * Milk, Soybeans, Eggs, Wheat ---
Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 ---	Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat ---	Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat ---	Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat ---	Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat ---
Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat ---	Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 ---	Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 ---	Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat ---	Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 ---
MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat ---	Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat ---	Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat ---	Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat ---	Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat ---
Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat ---	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat ---	Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 ---	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat ---
MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat ---	Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---	Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---	OMELETTE, CHEESE COLBY 5X2.5" FOLDED FRZ CKD EGG 2.10 OZ TWP Carbs: 1 * Milk, Eggs ---	Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---

Monday	Tuesday	Wednesday	Thursday	Friday
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat	Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat
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Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat	Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat	Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat	Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat
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Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat	Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat	Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat	Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat	Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat
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Kellogg's Eggo French Toast Chocolate Chip French Toast Mini Carbs: 35 * Milk, Soybeans, Eggs, Wheat	Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat	Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat	Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat	Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat
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--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---
Oranges, Fresh, 138 Count, Whole Carbs: 14	Oranges, Fresh, 138 Count, Whole Carbs: 14	Oranges, Fresh, 138 Count, Whole Carbs: 14	Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat	Oranges, Fresh, 138 Count, Whole Carbs: 14
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Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12	Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12	Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12	--- Sides --- Oranges, Fresh, 138 Count, Whole Carbs: 14	Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12
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Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk
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Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27
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Apples, Fresh, 100 Count, Sliced Carbs: 9	Apples, Fresh, 100 Count, Sliced Carbs: 9	Apples, Fresh, 100 Count, Sliced Carbs: 9	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Apples, Fresh, 100 Count, Sliced Carbs: 9
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Monday	Tuesday	Wednesday	Thursday	Friday
--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---
Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	Apples, Fresh, 100 Count, Sliced Carbs: 9	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk
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JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14
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Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13
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Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13
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Orange Juice, Individual Cups, Frozen Carbs: 14	Orange Juice, Individual Cups, Frozen Carbs: 14	Orange Juice, Individual Cups, Frozen Carbs: 14	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13	Orange Juice, Individual Cups, Frozen Carbs: 14
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--- Milk ---	--- Milk ---	--- Milk ---	Orange Juice, Individual Cups, Frozen Carbs: 14	--- Milk ---
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	---	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34	--- Milk ---	Milk, Strawberry, Fat Free Carbs: 34
Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Lactose and Fat Free * Milk
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Strawberry, Fat Free Carbs: 34	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Lactose and Fat Free * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk
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			Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	

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-- Snack Items --	-- Snack Items --	-- Snack Items --	-- Snack Items --	-- Snack Items --
CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat ---	Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat ---	Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat ---	Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat ---	Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat ---
Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat ---	Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat ---	Early Riser, Hash Brown Patty Stuffed Breaded w/Egg Cheese F Carbs: 24 * Milk, Eggs, Wheat ---	Egg and cheese on English muffin/ES and Breakfast Carbs: 31 * Milk, Soybeans, Wheat ---	French Toast, Trix Berry Blast Mini IW Carbs: 36 * Milk, Soybeans, Eggs, Wheat ---
Maple Mini Pancakes WG IW 3 oz Carbs: 36 * Milk, Soybeans, Eggs, Wheat ---	Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 ---	Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat ---	Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat ---	Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat ---
Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 ---	Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat ---	Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 ---	Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 ---	Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 ---
Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat ---	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat ---	Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat ---	Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat ---	Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat ---
MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat ---	Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat ---	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat ---	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat ---
Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat ---	Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---	Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---	Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---

Monday	Tuesday	Wednesday	Thursday	Friday
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat ---	Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat ---	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat ---	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat ---	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat ---
Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat ---	---	Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat ---	Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat ---	Crunchmania Cinnamon Bun SS Bagged 1.76oz IW TWP Carbs: 37 * Milk, Soybeans, Wheat ---
Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat ---	Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat ---	Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat ---	Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat ---	Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat ---
---	Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat ---	---	---	---
Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat ---	---	Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat ---	Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat ---	Cinnamon Toast Crunch (TM) Cereal Single Serve Bowlpak 1 oz T Carbs: 22 * Soybeans, Wheat ---
--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---
Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---
Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 ---	Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 ---	Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 ---	Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 ---	Del Monte® Diced Peaches in 100% Juice, 72ct 4oz. Plastic Cu Carbs: 12 ---
Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk ---	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk ---	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk ---	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk ---	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk ---
Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---
Apples, Fresh, 100 Count, Sliced Carbs: 9 ---	Apples, Fresh, 100 Count, Sliced Carbs: 9 ---	Apples, Fresh, 100 Count, Sliced Carbs: 9 ---	Apples, Fresh, 100 Count, Sliced Carbs: 9 ---	Apples, Fresh, 100 Count, Sliced Carbs: 9 ---

Monday	Tuesday	Wednesday	Thursday	Friday
--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---
Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk
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JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14
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Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13
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Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13
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Orange Juice, Individual Cups, Frozen Carbs: 14	Orange Juice, Individual Cups, Frozen Carbs: 14	Orange Juice, Individual Cups, Frozen Carbs: 14	Orange Juice, Individual Cups, Frozen Carbs: 14	Orange Juice, Individual Cups, Frozen Carbs: 14
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--- Milk ---	--- Milk ---	--- Milk ---	--- Milk ---	--- Milk ---
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34
Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk
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Monday	Tuesday	Wednesday	Thursday	Friday
-- Snack Items --	-- Snack Items --	-- Snack Items --	-- Snack Items --	-- Snack Items --
CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat ---	Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat ---	Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat ---	Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat ---	Kellogg's Apple Jacks Cereal Reduced Sugar 1oz TWP Carbs: 24 * Wheat ---
Waffle, Chocolate Chip Belgian Liege IW * Eggs, Wheat ---	Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat ---	Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat ---	Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat ---	Pancake & Turkey Sausage Breakfast Stick Carbs: 16 * Milk, Soybeans, Eggs, Wheat ---
Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat ---	Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 ---	Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 ---	Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 ---	Kellogg's Froot Loops Cereal Reduced Sugar 1oz Carbs: 24 * Wheat ---
Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 ---	Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat ---	Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat ---	Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat ---	Cocoa Puffs(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 Carbs: 25 ---
Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat ---	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat ---	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat ---	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat ---	Pop-Tarts Frosted Strawberry 1.76 OZ TWP Carbs: 36 * Soybeans, Wheat ---
MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat ---	Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---	Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---	Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---	MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat ---
Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat ---	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat ---	MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat ---	Mini Breakfast Bites, Apple Carbs: 41 * Milk, Soybeans, Eggs, Wheat ---

Monday	Tuesday	Wednesday	Thursday	Friday
--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---
Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk
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JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14
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Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13	Del Monte® Diced Pears in 100% Juice, 72ct 4oz. Plastic Cup Carbs: 13
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Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13	Orange Juice, Individual Cups, Frozen Carbs: 14	Del Monte® Mixed Fruit in 100% Juice Fruit Cup® Snacks, 72ct Carbs: 13
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Orange Juice, Individual Cups, Frozen Carbs: 14	Orange Juice, Individual Cups, Frozen Carbs: 14	Orange Juice, Individual Cups, Frozen Carbs: 14	--- Milk ---	Orange Juice, Individual Cups, Frozen Carbs: 14
---	---	---	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	---
--- Milk ---	--- Milk ---	--- Milk ---	Milk, Strawberry, Fat Free Carbs: 34	--- Milk ---
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Lactose and Fat Free * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34	Milk, Strawberry, Fat Free Carbs: 34	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Strawberry, Fat Free Carbs: 34
Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Lactose and Fat Free * Milk
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	---	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	---	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk
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Monday	Tuesday	Wednesday	Thursday	Friday
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat ---	Doritos Taco in a Boat Carbs: 27 * Milk, Soybeans ---	Turkey Pretzel Dog WG 4 oz Carbs: 30 * Wheat ---	Sweet and Sour Chicken Carbs: 21 * Milk, Soybeans, Wheat ---	Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat ---
Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat ---	Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat ---	Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat ---	Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat ---	Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat ---
Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat ---	Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat ---	Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat ---	Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat ---	Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat ---
Yogurt Munchable Carbs: 50 * Milk, Soybeans, Wheat ---	Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat ---	Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat ---	Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat ---	Yogurt Munchable Carbs: 50 * Milk, Soybeans, Wheat ---
Grilled Cheese ES Carbs: 32 * Milk, Soybeans, Wheat ---	Yogurt Munchable Carbs: 50 * Milk, Soybeans, Wheat ---	Yogurt Munchable Carbs: 50 * Milk, Soybeans, Wheat ---	Yogurt Munchable Carbs: 50 * Milk, Soybeans, Wheat ---	Pizza, Domino's Smart Slice ES Carbs: 28 * Milk, Soybeans, Wheat ---
--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---
APPLESAUCE, UNSWEETENED TWP Carbs: 12 ---	CORN, KERNEL YELLOW FROZEN Carbs: 32 ---	POTATO, MASHED PATTY SMILES FZN TWP Carbs: 25 ---	Fortune Cookies- Commercial Carbs: 3 * Soybeans, Wheat ---	Carrots & Celery Carbs: 7 * Milk, Eggs ---
Assorted Fresh Fruit ---	PINEAPPLE, TIDBIT IN JUICE CANNED IMPORTED Carbs: 22 ---	Baked Bean Supreme Carbs: 35 ---	RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32 ---	Carrots, Raw ---
Cherry Tomato Cup Carbs: 7 * Milk, Eggs ---	Assorted Fresh Fruit ---	Assorted Fresh Fruit ---	Mixed Vegetables, No Salt Added, Frozen Carbs: 18 ---	Assorted Fresh Fruit ---
Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 ---	Cherry Tomato Cup Carbs: 7 * Milk, Eggs ---	Cherry Tomato Cup Carbs: 7 * Milk, Eggs ---	ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23 ---	Cherry Tomato Cup Carbs: 7 * Milk, Eggs ---
Campbell's Classic Condensed Tomato Soup TWP Carbs: 20 * Wheat ---	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 ---	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 ---	Assorted Fresh Fruit ---	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 ---
Assorted Canned Fruit ---		Peterson Apple Slices ---		Strawberry, pear, and orange salad Carbs: 25 ---

Monday	Tuesday	Wednesday	Thursday	Friday
<p>--- Sides ---</p> <p>PEAS, GREEN IMPORTED& DOMESTIC IQF FROZEN Carbs: 12</p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32</p> <p>---</p> <p>Assorted Canned Fruit</p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>Fruit Cocktail, Canned, Extra Light Syrup Carbs: 7</p> <p>---</p> <p>Assorted Canned Fruit</p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>Cherry Tomato Cup Carbs: 7 * Milk, Eggs</p> <p>---</p> <p>Carrots, Baby, Fresh, Individually Wrapped Carbs: 6</p> <p>---</p> <p>Assorted Canned Fruit</p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>	<p>--- Sides ---</p> <p>Romaine Boats Carbs: 7 * Wheat</p> <p>---</p> <p>Assorted Canned Fruit</p> <p>---</p> <p>--- Milk ---</p> <p>Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk</p> <p>Milk, Strawberry, Fat Free Carbs: 34</p> <p>Milk, Lactose and Fat Free * Milk</p> <p>Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk</p> <p>---</p>

Monday	Tuesday	Wednesday	Thursday	Friday
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat	Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat	Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat	Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat	Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat
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Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat	Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat	Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat	Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat	Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat
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Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat	Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat	Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat	Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat	Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat
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Yogurt Munchable Carbs: 50 * Milk, Soybeans, Wheat	Yogurt Munchable Carbs: 50 * Milk, Soybeans, Wheat	Yogurt Munchable Carbs: 50 * Milk, Soybeans, Wheat	Yogurt Munchable Carbs: 50 * Milk, Soybeans, Wheat	Yogurt Munchable Carbs: 50 * Milk, Soybeans, Wheat
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Egg and Cheese Croissant Sandwich Carbs: 31 * Milk, Soybeans, Eggs, Wheat	Doritos Taco in a Boat Carbs: 27 * Milk, Soybeans	Hot Ham and Cheese on a Pretzel Bun(ES/MS) Carbs: 39 * Milk, Soybeans, Wheat	Cheeseburger Carbs: 27 * Soybeans, Wheat	TONY'S™ SMARTPIZZA® Pizza Cheese TWP Carbs: 35 * Milk, Soybeans, Wheat
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--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---
Baked Apples Carbs: 19 * Soybeans	Assorted Fresh Fruit	Assorted Fresh Fruit	Potatoes, Wedges, Fat Free, Low-sodium Carbs: 19	Cranapple Spinach Salad ES/MS Carbs: 35 * Wheat
Apple Slice, Unsweetened, Canned	Cherry Tomato Cup Carbs: 7 * Milk, Eggs	Cherry Tomato Cup Carbs: 7 * Milk, Eggs	Cucumber and Tomato Salad ES/MS Carbs: 6	Spinach, Leaves, Fresh
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Assorted Fresh Fruit	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Apple Pie Fruit Salad Carbs: 19	Assorted Fresh Fruit	Mixed Berries
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Cherry Tomato Cup Carbs: 7 * Milk, Eggs	PINEAPPLE, TIDBIT IN JUICE CANNED IMPORTED Carbs: 22	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Cherry Tomato Cup Carbs: 7 * Milk, Eggs	Assorted Fresh Fruit
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Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Assorted Canned Fruit	Mashed Sweet Potatoes ES/MS Carbs: 41	ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23	Cherry Tomato Cup Carbs: 7 * Milk, Eggs
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	RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32	Assorted Canned Fruit		Carrots, Baby, Fresh, Individually Wrapped Carbs: 6
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				Assorted Canned Fruit

Monday	Tuesday	Wednesday	Thursday	Friday
--- Sides ---	--- Sides ---	--- Milk ---	--- Sides ---	--- Milk ---
POTATO, DICED 3/4" SEASONED SKINLESS PARFRIED FROZEN Carbs: 21	Bush's Taco Fiesta Black Beans 108 oz Carbs: 33	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
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JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	--- Milk ---	Milk, Strawberry, Fat Free Carbs: 34	Assorted Canned Fruit	Milk, Strawberry, Fat Free Carbs: 34
---	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Lactose and Fat Free * Milk	Roasted Chickpeas ES/MS Carbs: 24	Milk, Lactose and Fat Free * Milk
Assorted Canned Fruit	Milk, Strawberry, Fat Free Carbs: 34	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	--- Milk ---	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
--- Milk ---	Milk, Lactose and Fat Free * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	---	Milk, Strawberry, Fat Free Carbs: 34	---
Milk, Strawberry, Fat Free Carbs: 34	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk		Milk, Lactose and Fat Free * Milk	
Milk, Lactose and Fat Free * Milk	---		Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk			Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk			---	

Monday	Tuesday	Wednesday	Thursday	Friday
-- Snack Items --	--- Entrees ---	--- Entrees ---	-- Snack Items --	--- Entrees ---
Garlic Bread Carbs: 15 * Soybeans, Wheat ---	Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat ---	Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat ---	SAUSAGE, TURKEY LINK 1.03 OZ MILD SKINLESS CKD FZN TWP ---	Mickey's Pizza Carbs: 28 * Milk, Wheat ---
--- Entrees ---	Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat ---	Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat ---	--- Entrees ---	Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat ---
Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat ---	Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat ---	Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat ---	Peanut Butter Munchable ES/MS Carbs: 46 * Milk, Peanuts, Wheat ---	Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat ---
Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat ---	Yogurt Munchable Carbs: 50 * Milk, Soybeans, Wheat ---	Yogurt Munchable Carbs: 50 * Milk, Soybeans, Wheat ---	Turkey and Cheese Hoagie ES Carbs: 30 * Milk, Soybeans, Wheat ---	Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat ---
Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat ---	Doritos Taco in a Boat Carbs: 27 * Milk, Soybeans ---	Chicken and Waffles ES Carbs: 30 * Milk, Soybeans, Eggs, Wheat ---	Pancakes, Whole Grain or Whole Grain-Rich Carbs: 26 * Milk, Soybeans, Eggs, Wheat ---	Yogurt Munchable Carbs: 50 * Milk, Soybeans, Wheat ---
Yogurt Munchable Carbs: 50 * Milk, Soybeans, Wheat ---	--- Sides ---	--- Sides ---	Chef Salad ES Carbs: 51 * Soybeans, Eggs, Wheat ---	--- Sides ---
Rotini Alfredo Carbs: 51 * Milk ---	RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32 ---	Pumpkin Pie Applesauce Carbs: 34 * Milk ---	Yogurt Munchable Carbs: 50 * Milk, Soybeans, Wheat ---	Romaine Boats Carbs: 7 * Wheat ---
--- Sides ---	CORN, KERNEL YELLOW FROZEN Carbs: 32 ---	Cucumber Slices Carbs: 2 ---	--- Sides ---	Roasted Chickpeas ES/MS Carbs: 24 ---
CRAISINS CHERRY FLAVORED POUCH Carbs: 28 ---	Assorted Fresh Fruit ---	Assorted Fresh Fruit ---	POTATO, DICED 3/4" SEASONED SKINLESS PARFRIED FROZEN Carbs: 21 ---	Pears, Diced, Extra Light Syrup, Canned TWP Carbs: 16 ---
Carrots & Celery Carbs: 7 * Milk, Eggs ---	Cherry Tomato Cup Carbs: 7 * Milk, Eggs ---	Cherry Tomato Cup Carbs: 7 * Milk, Eggs ---	Baked Apples Carbs: 19 * Soybeans ---	Assorted Fresh Fruit ---
Carrots, Raw ---	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 ---	Tossed Salad Carbs: 6 ---	Apple Slice, Unsweetened, Canned ---	Cherry Tomato Cup Carbs: 7 * Milk, Eggs ---
Assorted Fresh Fruit ---	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 ---	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 ---	PEACH, DICED IN PEAR JUICE CANNED TWP Carbs: 16 ---	Bell Pepper Strips w/ Dip Carbs: 3 * Milk, Eggs ---
Pizza Green Beans Carbs: 7 ---				

Monday	Tuesday	Wednesday	Thursday	Friday
--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---
Cherry Tomato Cup Carbs: 7 * Milk, Eggs ---	PINEAPPLE, TIDBIT IN JUICE CANNED IMPORTED Carbs: 22 ---	Assorted Canned Fruit ---	Assorted Fresh Fruit ---	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 ---
Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 ---	Assorted Canned Fruit ---	--- Milk ---	Cherry Tomato Cup Carbs: 7 * Milk, Eggs ---	Assorted Canned Fruit ---
Pears, Diced, Extra Light Syrup, Canned TWP Carbs: 16 ---	--- Milk ---	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Whole Grain Christmas Tree Cookie Carbs: 7 * Soybeans, Eggs ---	--- Milk ---
Assorted Canned Fruit ---	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Strawberry, Fat Free Carbs: 34	Carrots, Baby, Fresh, Individually Wrapped Carbs: 6 ---	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
--- Milk ---	Milk, Strawberry, Fat Free Carbs: 34	Milk, Lactose and Fat Free * Milk	Assorted Canned Fruit ---	Milk, Strawberry, Fat Free Carbs: 34
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Lactose and Fat Free * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Assorted Canned Fruit ---	Milk, Lactose and Fat Free * Milk
Milk, Strawberry, Fat Free Carbs: 34	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	--- Milk ---	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Milk, Lactose and Fat Free * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	---	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	---	---	Milk, Strawberry, Fat Free Carbs: 34	---
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	---	---	Milk, Lactose and Fat Free * Milk	---
---	---	---	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	---
---	---	---	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk ---	---