

Monday	Tuesday	Wednesday	Thursday	Friday
<p>--- Entrees ---</p> <p>SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP Carbs: 30 * Wheat</p> <p>---</p> <p>Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat</p> <p>---</p> <p>Berry Banana Smoothie Carbs: 72 * Milk, Wheat</p> <p>---</p> <p>MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>Lucky Charms SS 2 oz Cup TWP Carbs: 46</p> <p>---</p> <p>Cocoa Puffs SS 2 oz Cup Carbs: 47</p> <p>---</p> <p>Cereal, Trix Whole Grain SS Cup 2 oz Carbs: 47</p> <p>---</p> <p>Pop-Tarts WG Brown Sugar Cinnamon 1.69oz TWP Carbs: 36 * Soybeans, Wheat</p> <p>---</p>	<p>--- Entrees ---</p> <p>SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP Carbs: 30 * Wheat</p> <p>---</p> <p>Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat</p> <p>---</p> <p>Berry Banana Smoothie Carbs: 72 * Milk, Wheat</p> <p>---</p> <p>MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>Lucky Charms SS 2 oz Cup TWP Carbs: 46</p> <p>---</p> <p>Cocoa Puffs SS 2 oz Cup Carbs: 47</p> <p>---</p> <p>Cereal, Trix Whole Grain SS Cup 2 oz Carbs: 47</p> <p>---</p> <p>Pop-Tarts WG Brown Sugar Cinnamon 1.69oz TWP Carbs: 36 * Soybeans, Wheat</p> <p>---</p>	<p>--- Entrees ---</p> <p>SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP Carbs: 30 * Wheat</p> <p>---</p> <p>Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat</p> <p>---</p> <p>Berry Banana Smoothie Carbs: 72 * Milk, Wheat</p> <p>---</p> <p>MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>Lucky Charms SS 2 oz Cup TWP Carbs: 46</p> <p>---</p> <p>Cocoa Puffs SS 2 oz Cup Carbs: 47</p> <p>---</p> <p>Cereal, Trix Whole Grain SS Cup 2 oz Carbs: 47</p> <p>---</p> <p>Pop-Tarts WG Brown Sugar Cinnamon 1.69oz TWP Carbs: 36 * Soybeans, Wheat</p> <p>---</p>	<p>--- Entrees ---</p> <p>SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP Carbs: 30 * Wheat</p> <p>---</p> <p>Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat</p> <p>---</p> <p>Berry Banana Smoothie Carbs: 72 * Milk, Wheat</p> <p>---</p> <p>MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>Lucky Charms SS 2 oz Cup TWP Carbs: 46</p> <p>---</p> <p>Cocoa Puffs SS 2 oz Cup Carbs: 47</p> <p>---</p> <p>Cereal, Trix Whole Grain SS Cup 2 oz Carbs: 47</p> <p>---</p> <p>Pop-Tarts WG Brown Sugar Cinnamon 1.69oz TWP Carbs: 36 * Soybeans, Wheat</p> <p>---</p>	<p>--- Entrees ---</p> <p>SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP Carbs: 30 * Wheat</p> <p>---</p> <p>Bagel, Hilltop Hearth 2.3 oz TWP Carbs: 32 * Wheat</p> <p>---</p> <p>Berry Banana Smoothie Carbs: 72 * Milk, Wheat</p> <p>---</p> <p>MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p> <p>MUFFIN BLUEBERRY WG RF IW Carbs: 30 * Soybeans, Eggs, Wheat</p> <p>---</p> <p>Lucky Charms SS 2 oz Cup TWP Carbs: 46</p> <p>---</p> <p>Cocoa Puffs SS 2 oz Cup Carbs: 47</p> <p>---</p> <p>Cereal, Trix Whole Grain SS Cup 2 oz Carbs: 47</p> <p>---</p> <p>Pop-Tarts WG Brown Sugar Cinnamon 1.69oz TWP Carbs: 36 * Soybeans, Wheat</p> <p>---</p>

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--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat ---	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat ---	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat ---	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat ---	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat ---
--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---
Assorted Fresh Fruit ---	Assorted Fresh Fruit ---	Assorted Fresh Fruit ---	Assorted Fresh Fruit ---	Assorted Fresh Fruit ---
Mozzarella String Cheese Stick TWP Carbs: 2 * Milk ---	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk ---	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk ---	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk ---	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk ---
Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk ---	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk ---	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk ---	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk ---	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk ---
CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk ---
JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 ---	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 ---	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 ---	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 ---	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 ---
Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---
Orange Juice, Individual Cups, Frozen Carbs: 14 ---	Orange Juice, Individual Cups, Frozen Carbs: 14 ---	Orange Juice, Individual Cups, Frozen Carbs: 14 ---	Orange Juice, Individual Cups, Frozen Carbs: 14 ---	Orange Juice, Individual Cups, Frozen Carbs: 14 ---
Assorted Canned Fruit ---	Assorted Canned Fruit ---	Assorted Canned Fruit ---	Assorted Canned Fruit ---	Assorted Canned Fruit ---
Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---

Monday	Tuesday	Wednesday	Thursday	Friday
--- Milk ---	--- Milk ---	--- Milk ---	--- Milk ---	--- Milk ---
MILK, Strawberry FF TWP * Milk	MILK, Strawberry FF TWP * Milk	MILK, Strawberry FF TWP * Milk	MILK, Strawberry FF TWP * Milk	MILK, Strawberry FF TWP * Milk
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk
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--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---
Assorted Fresh Fruit ---	Assorted Fresh Fruit ---	Assorted Fresh Fruit ---	Assorted Fresh Fruit ---	Assorted Fresh Fruit ---
Mozzarella String Cheese Stick TWP Carbs: 2 * Milk ---	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk ---	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk ---	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk ---	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk ---
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JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 ---	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 ---	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 ---	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 ---	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14 ---
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Assorted Canned Fruit ---	Assorted Canned Fruit ---	Assorted Canned Fruit ---	Assorted Canned Fruit ---	Assorted Canned Fruit ---
Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---

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Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
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Monday	Tuesday	Wednesday	Thursday	Friday
<p>--- Entrees ---</p> <p>SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP Carbs: 30 * Wheat</p> <p>---</p>	<p>--- Entrees ---</p> <p>SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP Carbs: 30 * Wheat</p> <p>---</p>	<p>--- Entrees ---</p> <p>SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP Carbs: 30 * Wheat</p> <p>---</p>	<p>--- Entrees ---</p> <p>SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP Carbs: 30 * Wheat</p> <p>---</p>	<p>--- Entrees ---</p> <p>SNACK BAR, CEREAL CINNAMON TOAST CRUNCH IW TWP Carbs: 30 * Wheat</p> <p>---</p>
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<p>MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p>	<p>MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p>	<p>MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p>	<p>MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p>	<p>MUFFIN, CHOCOLATE CHOCOLATE CHIP WHOLE GRAIN 2 OZ IW FROZEN Carbs: 33 * Milk, Soybeans, Eggs, Wheat</p> <p>---</p>
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<p>Lucky Charms SS 2 oz Cup TWP Carbs: 46</p> <p>---</p>	<p>Lucky Charms SS 2 oz Cup TWP Carbs: 46</p> <p>---</p>	<p>Lucky Charms SS 2 oz Cup TWP Carbs: 46</p> <p>---</p>	<p>Lucky Charms SS 2 oz Cup TWP Carbs: 46</p> <p>---</p>	<p>Lucky Charms SS 2 oz Cup TWP Carbs: 46</p> <p>---</p>
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Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat	Snack Bar, Trix Cereal Bars 1.42 oz TWP Carbs: 29 * Wheat
--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk	Mozzarella String Cheese Stick TWP Carbs: 2 * Milk
Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk	Upstate Farms Blueberry Nonfat Yogurt 4oz TWP Carbs: 19 * Milk
CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk	CHEESE, CREAM PLAIN SPREAD LIGHT SS PLASTIC CUP REF Carbs: 2 * Milk
JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14
Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27
Orange Juice, Individual Cups, Frozen Carbs: 14	Orange Juice, Individual Cups, Frozen Carbs: 14	Orange Juice, Individual Cups, Frozen Carbs: 14	Orange Juice, Individual Cups, Frozen Carbs: 14	Orange Juice, Individual Cups, Frozen Carbs: 14
Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit
Oranges, Fresh, 138 Count, Whole Carbs: 14	Oranges, Fresh, 138 Count, Whole Carbs: 14	Oranges, Fresh, 138 Count, Whole Carbs: 14	Oranges, Fresh, 138 Count, Whole Carbs: 14	Oranges, Fresh, 138 Count, Whole Carbs: 14

Monday	Tuesday	Wednesday	Thursday	Friday
--- Milk ---	--- Milk ---	--- Milk ---	--- Milk ---	--- Milk ---
MILK, Strawberry FF TWP * Milk	MILK, Strawberry FF TWP * Milk	MILK, Strawberry FF TWP * Milk	MILK, Strawberry FF TWP * Milk	MILK, Strawberry FF TWP * Milk
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk	Milk, Lactose and Fat Free * Milk
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk
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Monday	Tuesday	Wednesday	Thursday	Friday
<p>--- Entrees ---</p> <p>Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat ---</p> <p>Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 51 * Milk, Soybeans, Eggs, Wheat ---</p> <p>Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat ---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---</p> <p>Turkey Hoagie MS/HS Carbs: 44 * Milk, Soybeans, Wheat ---</p> <p>Cheeseburger Carbs: 27 * Soybeans, Wheat ---</p> <p>Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat ---</p> <p>APPETIZER, CHEESE MOZZARELLA BREADED WHOLE GRAIN STICK .76 O Carbs: 42 * Milk, Wheat ---</p>	<p>--- Entrees ---</p> <p>Tacos Carbs: 46 * Wheat ---</p> <p>Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat ---</p> <p>Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 51 * Milk, Soybeans, Eggs, Wheat ---</p> <p>Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat ---</p> <p>Turkey Hoagie MS/HS Carbs: 44 * Milk, Soybeans, Wheat ---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---</p> <p>Cheeseburger Carbs: 27 * Soybeans, Wheat ---</p> <p>Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat ---</p> <p>Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat ---</p>	<p>--- Entrees ---</p> <p>Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat ---</p> <p>Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 51 * Milk, Soybeans, Eggs, Wheat ---</p> <p>Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat ---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---</p> <p>Cheeseburger Carbs: 27 * Soybeans, Wheat ---</p> <p>Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat ---</p> <p>Chicken and Waffles MS/HS Carbs: 45 * Milk, Soybeans, Eggs, Wheat ---</p> <p>Turkey Hoagie MS/HS Carbs: 44 * Milk, Soybeans, Wheat ---</p>	<p>--- Entrees ---</p> <p>Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat ---</p> <p>Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 51 * Milk, Soybeans, Eggs, Wheat ---</p> <p>Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat ---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---</p> <p>Cheeseburger Carbs: 27 * Soybeans, Wheat ---</p> <p>Cheese Steak Carbs: 40 * Milk, Soybeans, Wheat ---</p> <p>Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat ---</p> <p>Turkey Hoagie MS/HS Carbs: 44 * Milk, Soybeans, Wheat ---</p> <p>Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat ---</p>	<p>--- Entrees ---</p> <p>Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat ---</p> <p>Pizza, BIG DADDY'S™ Bold Cheese (8 slices) Carbs: 43 * Milk, Soybeans, Wheat ---</p> <p>Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat ---</p> <p>Buffalo Chicken Cheese Steak Carbs: 51 * Milk, Soybeans, Eggs, Wheat ---</p> <p>Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat ---</p> <p>SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---</p> <p>Cheeseburger Carbs: 27 * Soybeans, Wheat ---</p> <p>Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat ---</p> <p>Turkey Hoagie MS/HS Carbs: 44 * Milk, Soybeans, Wheat ---</p>

Monday	Tuesday	Wednesday	Thursday	Friday
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat
---	---	---	---	---
Chicken Patty Carbs: 39 * Soybeans, Wheat	--- Sides ---	Chicken Patty Carbs: 39 * Soybeans, Wheat	--- Sides ---	Chicken Patty Carbs: 39 * Soybeans, Wheat
---	Black Bean and Corn Salad Carbs: 28	---	Applesauce, Unsweetened, Canned Carbs: 14	---
--- Sides ---	CORN, KERNEL YELLOW FROZEN Carbs: 32	--- Sides ---	---	--- Sides ---
Assorted Canned Fruit	---	Mixed Berries	Cherry Tomato Cup Carbs: 7 * Milk, Eggs	Romaine Boats Carbs: 7 * Wheat
---	Assorted Canned Fruit	---	---	---
Peterson Apple Slices	---	Baked Apples Carbs: 19 * Soybeans	Ore Ida® Reduced Sodium Tater Tots® 6x5 LBS Carbs: 17	Assorted Canned Fruit
---	Assorted Fresh Fruit	---	---	---
Assorted Fresh Fruit	---	Apple Slice, Unsweetened, Canned	---	Assorted Fresh Fruit
---	PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22	---	Assorted Canned Fruit	---
Roasted Broccoli Carbs: 7	---	Cucumber Slices Carbs: 2	---	Peterson Apple Slices
---	RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32	---	Assorted Fresh Fruit	---
Romaine Boats Carbs: 7 * Wheat	---	Assorted Canned Fruit	---	Carrots & Celery Carbs: 7 * Milk, Eggs
---	---	Assorted Fresh Fruit	--- Milk ---	Carrots, Raw
--- Milk ---	--- Milk ---	---	Milk, Strawberry, Fat Free Carbs: 34	---
Milk, Strawberry, Fat Free Carbs: 34	---	Tossed Salad Carbs: 6	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	--- Milk ---
Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Strawberry, Fat Free Carbs: 34	---	Milk, Lactose and Fat Free * Milk	Milk, Strawberry, Fat Free Carbs: 34
Milk, Lactose and Fat Free * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Roasted Chickpeas ES/MS Carbs: 24	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Lactose and Fat Free * Milk	---	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Lactose and Fat Free * Milk
Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	---	---	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
---	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	---	---	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk
---	---	---	---	---

Wednesday

--- Milk ---

Milk, Strawberry, Fat Free
Carbs: 34

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D
Carbs: 34
* Milk

Milk, Lactose and Fat Free
* Milk

Milk, Non-fat, With Added
Vitamin A and Vitamin D
Carbs: 12
* Milk

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D
Carbs: 12
* Milk

Monday	Tuesday	Wednesday	Thursday	Friday
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat ---	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat ---	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat ---	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat ---	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat ---
Egg and Cheese Croissant Sandwich Carbs: 31 * Milk, Soybeans, Eggs, Wheat ---	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat ---	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat ---	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat ---	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat ---
Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat ---	Buffalo Chicken Cheese Steak Carbs: 51 * Milk, Soybeans, Eggs, Wheat ---	Buffalo Chicken Cheese Steak Carbs: 51 * Milk, Soybeans, Eggs, Wheat ---	Buffalo Chicken Cheese Steak Carbs: 51 * Milk, Soybeans, Eggs, Wheat ---	Buffalo Chicken Cheese Steak Carbs: 51 * Milk, Soybeans, Eggs, Wheat ---
Buffalo Chicken Cheese Steak Carbs: 51 * Milk, Soybeans, Eggs, Wheat ---	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat ---	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat ---	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat ---	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat ---
Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat ---	Nachos Bell Grande (w/ beef crumbles) Carbs: 7 * Soybeans, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---
SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---	General's Chicken Carbs: 26 * Milk, Soybeans, Wheat ---	Turkey Hoagie MS/HS Carbs: 44 * Milk, Soybeans, Wheat ---	Turkey Hoagie MS/HS Carbs: 44 * Milk, Soybeans, Wheat ---
Turkey Hoagie MS/HS Carbs: 44 * Milk, Soybeans, Wheat ---	Turkey Hoagie MS/HS Carbs: 44 * Milk, Soybeans, Wheat ---	Turkey Hoagie MS/HS Carbs: 44 * Milk, Soybeans, Wheat ---	Cheeseburger Carbs: 27 * Soybeans, Wheat ---	Cheeseburger Carbs: 27 * Soybeans, Wheat ---
Cheeseburger Carbs: 27 * Soybeans, Wheat ---	Cheeseburger Carbs: 27 * Soybeans, Wheat ---	Cheeseburger Carbs: 27 * Soybeans, Wheat ---	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat ---	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat ---
Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat ---	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat ---	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat ---	Hot Ham and Cheese on a Pretzel Bun(ES/MS) Carbs: 39 * Milk, Soybeans, Wheat ---	Jake's Pizza * Milk, Soybeans, Wheat ---
		Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat ---		Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat ---

Monday	Tuesday	Wednesday	Thursday	Friday
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat
---	---	---	---	---
Chicken Patty Carbs: 39 * Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	--- Sides ---	Chicken Patty Carbs: 39 * Soybeans, Wheat	--- Sides ---
---	---	PEACH, DICED IN PEAR JUICE CANNED TWP Carbs: 16	---	Carrots & Celery Carbs: 7 * Milk, Eggs
--- Sides ---	--- Sides ---	---	--- Sides ---	Carrots, Raw
JUICE, APPLE 100% FROZEN PLASTIC CUP TWP Carbs: 14	PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22	RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32	Chickpea Salad Carbs: 8	---
---	---	---	---	Romaine Boats Carbs: 7 * Wheat
POTATO, DICED 5/8" SKINLESS RUSSET (HS) Carbs: 12	Bell Pepper Strips w/ Dip Carbs: 3 * Milk, Eggs	Roasted Broccoli Carbs: 7	Assorted Canned Fruit	---
---	---	---	---	Assorted Canned Fruit
Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Fresh Fruit	---
---	---	Assorted Fresh Fruit	---	Assorted Fresh Fruit
Assorted Fresh Fruit	Assorted Fresh Fruit	---	Cranberries, Dried Carbs: 25	---
---	---	Roasted Chickpeas ES/MS Carbs: 24	---	Strawberry, pear, and orange salad Carbs: 25
Baked Apples Carbs: 19 * Soybeans	CORN, KERNEL YELLOW FROZEN Carbs: 32	---	Pears, Diced, Extra Light Syrup, Canned TWP Carbs: 16	---
Apple Slice, Unsweetened, Canned	---	--- Milk ---	---	--- Milk ---
---	--- Milk ---	Milk, Strawberry, Fat Free Carbs: 34	MCCAIN HARVEST SPLENDOR SWT POTATO DEEP CC 6X2.5 LBS Carbs: 41	Milk, Strawberry, Fat Free Carbs: 34
---	Milk, Strawberry, Fat Free Carbs: 34	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	---	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
---	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk	Milk, Lactose and Fat Free * Milk	---	Milk, Lactose and Fat Free * Milk
---	Milk, Lactose and Fat Free * Milk	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	---	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
---	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	---	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk
---	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk	---	---	---
---	---	---	---	---

Monday

--- Milk ---

Milk, Strawberry, Fat Free
Carbs: 34

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D
Carbs: 34
* Milk

Milk, Lactose and Fat Free
* Milk

Milk, Non-fat, With Added
Vitamin A and Vitamin D
Carbs: 12
* Milk

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D
Carbs: 12
* Milk

Thursday

--- Milk ---

Milk, Strawberry, Fat Free
Carbs: 34

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D
Carbs: 34
* Milk

Milk, Lactose and Fat Free
* Milk

Milk, Non-fat, With Added
Vitamin A and Vitamin D
Carbs: 12
* Milk

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D
Carbs: 12
* Milk

Monday	Tuesday	Wednesday	Thursday	Friday
-- Snack Items --	--- Entrees ---	--- Entrees ---	-- Snack Items --	--- Entrees ---
Garlic Bread Carbs: 15 * Soybeans, Wheat ---	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat ---	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat ---	SAUSAGE, TURKEY PATTY 1.03 OZ SEASONED CKD FZN TWP ---	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat ---
--- Entrees ---	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat ---	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat ---	--- Entrees ---	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat ---
Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat ---	Buffalo Chicken Cheese Steak Carbs: 51 * Milk, Soybeans, Eggs, Wheat ---	Buffalo Chicken Cheese Steak Carbs: 51 * Milk, Soybeans, Eggs, Wheat ---	Chef Salad MS/HS Carbs: 56 * Soybeans, Eggs, Wheat ---	Buffalo Chicken Cheese Steak Carbs: 51 * Milk, Soybeans, Eggs, Wheat ---
Cheesy Penne Pasta Marinara MS/HS Carbs: 69 ---	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat ---	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat ---	Pancakes, Whole Grain or Whole Grain-Rich Carbs: 26 * Milk, Soybeans, Eggs, Wheat ---	Buffalo Chicken Cheese Steak Carbs: 51 * Milk, Soybeans, Eggs, Wheat ---
Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat ---	Tacos Carbs: 16 ---	Hot Turkey Sandwich ES/MS Carbs: 36 * Milk, Soybeans, Wheat ---	Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat ---	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat ---
Buffalo Chicken Cheese Steak Carbs: 51 * Milk, Soybeans, Eggs, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---	Buffalo Chicken Cheese Steak Carbs: 51 * Milk, Soybeans, Eggs, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---
Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat ---	Turkey Hoagie MS/HS Carbs: 44 * Milk, Soybeans, Wheat ---	Turkey Hoagie MS/HS Carbs: 44 * Milk, Soybeans, Wheat ---	Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat ---	Turkey Hoagie MS/HS Carbs: 44 * Milk, Soybeans, Wheat ---
SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---	Cheeseburger Carbs: 27 * Soybeans, Wheat ---	Cheeseburger Carbs: 27 * Soybeans, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat ---	Cheeseburger Carbs: 27 * Soybeans, Wheat ---
Turkey Hoagie MS/HS Carbs: 44 * Milk, Soybeans, Wheat ---	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat ---	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat ---	Turkey Hoagie MS/HS Carbs: 44 * Milk, Soybeans, Wheat ---	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat ---
Cheeseburger Carbs: 27 * Soybeans, Wheat ---	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat ---	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat ---	Cheeseburger Carbs: 27 * Soybeans, Wheat ---	Buffalo Chicken Pizza Carbs: 43 * Milk, Soybeans, Wheat ---
				Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat ---

Monday	Tuesday	Wednesday	Thursday	Friday
--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---	--- Entrees ---
Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Chicken Caesar Salad MS/HS Carbs: 39 * Soybeans, Wheat	Chicken Patty Carbs: 39 * Soybeans, Wheat
--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---	--- Sides ---
Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Black Bean and Corn Salad Carbs: 28	Chicken Patty Carbs: 39 * Soybeans, Wheat	Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat	Celery, Raw, Sticks Carbs: 2
Chicken Patty Carbs: 39 * Soybeans, Wheat	PEACH, SLICED IN LIGHT- SYRUP CANNED TWP Carbs: 20	BEAN, GREEN CUT FROZEN TWP Carbs: 5	Chicken Patty Carbs: 39 * Soybeans, Wheat	Applesauce, Unsweetened, Canned Carbs: 14
--- Sides ---	Assorted Canned Fruit	Carrots, Raw, Sticks Carbs: 3	--- Sides ---	Roasted Chickpeas ES/MS Carbs: 24
ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23	Assorted Fresh Fruit	CRANBERRY SAUCE, JELLIED CANNED Carbs: 14	Baked Apples Carbs: 19 * Soybeans	Assorted Canned Fruit
Sauteed Zucchini and Cherry Tomatoes Carbs: 4 * Milk, Eggs	RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32	Assorted Canned Fruit	Apple Slice, Unsweetened, Canned	Assorted Fresh Fruit
Tossed Salad Carbs: 6	CORN, KERNEL YELLOW FROZEN Carbs: 32	Assorted Fresh Fruit	Assorted Canned Fruit	Romaine Boats Carbs: 7 * Wheat
Assorted Canned Fruit	--- Milk ---	POTATO, MASHED SKINLESS WHITE TFF BOIL IN BAG REF Carbs: 19 * Milk	Whole Grain Christmas Tree Cookie Carbs: 11 * Soybeans, Eggs	--- Milk ---
Cranberries, Dried Carbs: 25	Milk, Strawberry, Fat Free Carbs: 34		POTATO, DICED 3/4" SEASONED SKINLESS PARFRIED FROZEN Carbs: 21	Milk, Strawberry, Fat Free Carbs: 34
Assorted Fresh Fruit	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk			Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk
	Milk, Lactose and Fat Free * Milk			Milk, Lactose and Fat Free * Milk
	Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk			Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk
	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk			Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk

Monday

--- Milk ---

Milk, Strawberry, Fat Free
Carbs: 34

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D
Carbs: 34
* Milk

Milk, Lactose and Fat Free
* Milk

Milk, Non-fat, With Added
Vitamin A and Vitamin D
Carbs: 12
* Milk

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D
Carbs: 12
* Milk

Wednesday

--- Milk ---

Milk, Strawberry, Fat Free
Carbs: 34

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D
Carbs: 34
* Milk

Milk, Lactose and Fat Free
* Milk

Milk, Non-fat, With Added
Vitamin A and Vitamin D
Carbs: 12
* Milk

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D
Carbs: 12
* Milk

Thursday

--- Milk ---

Milk, Strawberry, Fat Free
Carbs: 34

Milk, Chocolate, Non-fat,
With Added Vitamin A and
Vitamin D
Carbs: 34
* Milk

Milk, Lactose and Fat Free
* Milk

Milk, Non-fat, With Added
Vitamin A and Vitamin D
Carbs: 12
* Milk

Milk, Low-fat (1%), With
Added Vitamin A and
Vitamin D
Carbs: 12
* Milk
