

No Place for Hate® School Created Activity Bully Stoppers Program and the NJ Anti-Bullying Bill of Rights.

Lesson Plan and Overview

In this multi day activity, students and staff will learn about the NJ Anti-Bullying Bill of Rights and how that comes into play with our daily interactions and our attempts as students and staff to reduce bullying in schools.

Staff will be trained by Anti-Bullying Specialists at the Secondary level. Students will also be trained by school counselors and students will participate in a program called Bully Stoppers.

Grade Level

Grades 6-8

Learning Objectives

- Students and staff will identify the components of the Anti-Bullying Bill of Rights.
- Students will explain the options of teens when faced with a bullying situations.
- Students will apply those options to skills for self advocacy and advocacy for others.
- Students will apply the teachings of Bully Stoppers "to build self-confidence, self-esteem, overcome trauma and develop life and social skills."

Materials Needed

Speakers
Microphone
Media Projector
Laptop

Words You Might Use

Anti-Bullying Bill of Rights: signed into law in 2011, provides a clear definition of bullying and how schools must engage in responding to alleged acts of bullying.

Bystander: Person present at an event but does not get involved in the event.

HIB: Abbreviation commonly used to refer to Harassment, Intimidation, or Bullying in schools.

Incident form 338: Mandatory reporting form if a staff member, student, or parent believes an act of aggression qualifies as a definition of harassment, intimidation, and bullying.

Words You Might Use (Cont.)

Protected Class: Part of the Anti-Bullying Bill of Rights to refer to a person or group of people who are "protected" from being harassed by practices or policies that might discriminate or harm a person due to a shared characteristic like race, gender, age, disability, sexual orientation, or other distinguishing characteristic.

Upstander: Someone who intervenes in some way to help support a person from being bullied or harassed.

Core Activity

The lesson design and learning format will be divided into four phases:

Phase I (Faculty and Staff Meeting)...April 18, 2023

- The staff will be divided into two groups of approximately 30 people.
- The staff will listen to a presentation regarding the Anti-Bullying Bill of Rights of New Jersey.
- The presentation will be given by school and district certified anti-bullying specialists.
- The staff will review the state legislation focusing on questions such as:
 - What constitutes a HIB?
 - What are the responsibilities with reporting an alleged HIB?
 - How do I fill out a 338 Form?
 - What happens after I fill out the form?
 - How do I differentiate between HIB and Conflict?
- The staff will be given an opportunity to discuss scenarios and examples to ensure they understand the law.

Phase II (Bully Stoppers Assembly)...April 25, 2023

- Students will come to the cafeteria/auditorium in separate groups/separate times to listen to the presentation by Kings Way Bully Stoppers.
- Students will be presented with skills and strategies for advocacy against Bullying.

Phase III (Student Anti-Bullying Specialist/Counselor Meetings)...May 15-19, 2023

- The students will meet in their study hall small groups (8 each grade level - 24 total)
- The students will listen to a presentation regarding the NJ Anti-Bullying Bill of Rights
- The presentation will be given by school and district certified anti-bullying specialists.
- The students will learn to differentiate between HIB and Conflict.

Core Activity (Cont.)

Phase IV (Reflection Activity in Study Halls)...May 15-25, 2023

- Individually, in pairs, or in groups of three complete the reflection activity at the following link: [Anti-Bullying Bill of Rights and Bully Stoppers Reflection Activity](#)

Extension Activities

If you're interested in learning more about handling instances of bullying and conflict the right way, check out the following resources

- [Videos and tutorials on responding appropriately to Bullying or Conflict \(StopBullying.gov\)](#)

How Activity Meets NPFH Requirements

This would be the 3rd No Place for Hate (NPFH) activity of the year and one in which the school is developing it's own lesson or unit plan. This lesson and study meet several themes of NPFH. By focusing on eradicating bullying and understanding its components, Bunker Hill Middle School is challenging bias and bullying as well as promoting respect for differences. These are two important themes, themes that are part of Bunker Hill's everyday discussions with students and families about what it means to be a Bunker Hill Bulldog.