

Dear Parent/Guardian,

Washington Township High School is currently implementing an innovative program for our student-athletes. This program will assist our school physicians and family physicians in evaluating and treating head injuries (e.g., concussions). In order to better manage concussions sustained by our student-athletes, we have acquired a software tool called ImPACT (Immediate Post-concussion Assessment and Cognitive Testing). ImPACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country as a tool to help diagnose and manage concussions. If an athlete is believed to have suffered a head injury during competition, ImPACT is used to help determine the severity of the head injury and when the injury has fully healed.

The computerized exam is required of all athletes prior to the beginning of the regular season. This will determine each athlete's baseline score. This non-invasive test is simple and takes about 25-30 minutes to complete. Many athletes actually enjoy the challenge of taking the test. Essentially, the ImPACT test tracks information such as memory, reaction time, speed, and concentration. It, however, is not an IQ test.

If a concussion is suspected, the athlete will be required to re-take the test. The information gathered can be shared with your family doctor. The test data will enable healthcare professionals to determine when return-to-play is appropriate and safe for the injured athlete. If an injury of this nature occurs to your child, you will be promptly contacted with all the details.

We wish to stress that the ImPACT testing procedures are non-invasive, and they pose no risks to your student-athlete. We are excited to implement this program given that it provides us the best available information for managing concussions and preventing potential brain damage that can occur with multiple concussions. The Washington Township administration, coaching, and athletic training staff strive to keep your child's health and safety at the forefront of the student athletic experience. You can find additional information on the ImPACT program by visiting their website at [www.impacttest.com](http://www.impacttest.com).

If you have any further questions regarding this program please feel free to contact us by phone at (856) 589-8500, extension 7207, or by email at [kmurphy@wtps.org](mailto:kmurphy@wtps.org), [tdargusch@wtps.org](mailto:tdargusch@wtps.org) or [eschwartz@wtps.org](mailto:eschwartz@wtps.org).

Sincerely,

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